

7. References

In this guide

[In this guide](#)

1. [1. Acknowledgements](#)
2. [2. Lay Summary](#)
3. [3. Executive Summary](#)
4. [4. Introduction](#)
5. [5. Guidance](#)
6. [Checklist](#)
7. [6. Case Studies](#)
8. [7. References](#)

Addiction Journal. (2022). Writing the Abstract.

<https://www.addictionjournal.org/guidance/writing-the-abstract>

Arksey, H., & O'Malley, L. (2005). Scoping studies: Towards a methodological framework. *International Journal of Social Research Methodology*, 8(1), 19–32.

<https://doi.org/10.1080/1364557032000119616>

Beard, E., Marsden, J., Brown, J., Tombor, I., Stapleton, J., & Michie, S. (2019). Understanding and using time series analyses in addiction research. *Addiction*, 1–38. <https://doi.org/10.1111/add.14643>

Beeckman, M., De Paepe, A., Van Alboom, M., Maes, S., Wauters, A., Baert, F., Kissi, A., Veirman, E., Van Ryckeghem, D. M. L., & Poppe, L. (2020). Adherence to the Physical Distancing Measures during the COVID-19 Pandemic: A HAPA-Based Perspective. *Applied Psychology: Health and Well-Being*, 12(4), 1224–1243.

<https://doi.org/10.1111/aphw.12242>

Bland, J., Butland, B., Peacock, J., Poloniecki, J., Reid, F., & Sedgwick, P. (2012). *Statistics Guide for Research Grant Applicants*. 67.

<https://www-users.york.ac.uk/~mb55/guide/guide14.pdf>

Braun, V., & Clarke, V. (2006). Using thematic analysis in psychology. *Qualitative Research in Psychology*, 3(May 2015), 77–101.

<https://doi.org/10.1191/1478088706qp063oa>

Braun, V., & Clarke, V. (2019). Reflecting on reflexive thematic analysis. *Qualitative Research in Sport, Exercise and Health*, 11(4), 589–597.

<https://doi.org/10.1080/2159676X.2019.1628806>

Braun, V., & Clarke, V. (2021). To saturate or not to saturate? Questioning data saturation as a useful concept for thematic analysis and sample-size rationales. *Qualitative Research in Sport, Exercise and Health*, 13(2), 201–216.

<https://doi.org/10.1080/2159676X.2019.1704846>

Breathnach, S., Lally, P., Llewellyn, C. H., Sutherland, A., & Koutoukidis, D. A. (2022). Strategies to reduce the energy content of foods pre-ordered for lunch in the workplace: A randomised controlled trial in an experimental online canteen. *International Journal of Behavioral Nutrition and Physical Activity*, 19(1), 54.

<https://doi.org/10.1186/s12966-022-01257-5>

Brett, J., Staniszewska, S., Mockford, C., Tysall, C., & Suleman, R. (2012). Mapping the impact of patient and public involvement on health and social care research: A systematic review. *Health Expectations*, 17, 637–650.

<https://doi.org/10.1111/j.1369-7625.2012.00795.x>

Bruce, N., Pope, D., & Stanistreet, D. (2018). *Quantitative Methods for Health Research: A Practical Interactive Guide to Epidemiology and Statistics*, 2nd Edition | Wiley. Wiley.Com. <https://www.wiley.com/en-us/Quantitative+Methods+for+Health+Research%3A+A+Practical+Interactive+Guide+to>

[p-9781118665411](https://www.wiley.com/en-us/Quantitative+Methods+for+Health+Research%3A+A+Practical+Interactive+Guide+to)

Bruin, J. (2011). Choosing the Correct Statistical Test in SAS, Stata, SPSS and R.

<https://stats.oarc.ucla.edu/other/mult-pkg/whatstat/>

Bryman, A. (2016). *Social Research Methods*. Oxford University Press.

<https://ktpu.kpi.ua/wp-content/uploads/2014/02/social-research-methods-alan-bryman.pdf>

Curtis, K., Atkins, L., & Brown, K. (2017). Big hearts, small hands: A focus group study exploring parental food portion behaviours. *BMC Public Health*, 17(1), 716.

<https://doi.org/10.1186/s12889-017-4711-z>

European Parliament and the Council of the European Union. (2016). General Data Protection Regulation. <https://eur-lex.europa.eu/eli/reg/2016/679/oj>

FSA Science Council, P. (2021). Rapid Evidence Review on the Critical Appraisal of Third-Party Evidence. Food Standards Agency. <https://doi.org/10.46756/sci.fsa.elm525>

Gill, P., Stewart, K., Treasure, E., & Chadwick, B. (2008). Methods of data collection in qualitative research: Interviews and focus groups. *British Dental Journal*, 204(6), 291–295. <https://doi.org/10.1038/bdj.2008.192>

Gough, D., Oliver, S., & Thomas, J. (2017). *An Introduction to Systematic Reviews*. SAGE. https://uk.sagepub.com/sites/default/files/upm-assets/81596_book_item_81596.pdf

Government Social Research. (2021). *GSR Professional Guidance: Ethical Assurance for Social and Behavioural Research in Government* (pp. 1–41). https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_ GSR_Ethics_Guidance_v3.pdf

Government Social Research Profession. (2018). *The Government Social Research Code—People and Products*. <https://www.gov.uk/government/publications/the-government-social-research-code-people-and-products>

Government Statistical Service. (2020a). *Data visualisation: Tables and charts*. <https://gss.civilservice.gov.uk/policy-store/introduction-to-data-visualisation/>

Government Statistical Service. (2020b). *Tips for maintaining quality when designing surveys at pace*. <https://gss.civilservice.gov.uk/policy-store/top-tips-for-maintaining-quality-when-designing-surveys-at-pace/>

Hennink, M., & Kaiser, B. N. (2022). Sample sizes for saturation in qualitative research: A systematic review of empirical tests. *Social Science & Medicine* (1982), 292, 114523. <https://doi.org/10.1016/j.socscimed.2021.114523>

HM Revenue & Customs. (2019). *Appendix 4: Equality analysis guidance and template - for programmes, platforms, projects and policies*. GOV.UK. <https://www.gov.uk/government/publications/northern-ireland-equality-scheme-for-hmrc/appendix-4-equality-analysis-guidance-and-template-for-programmes-platforms-projects-and-policies>

HM Treasury. (2015). *The Aqua Book: Guidance on producing quality analysis for government*. GOV.UK. <https://www.gov.uk/government/publications/the-aqua->

[book-guidance-on-producing-quality-analysis-for-government](#)

HM Treasury. (2020). The Magenta Book.

<https://www.gov.uk/government/publications/the-magenta-book>

Hoffmann, T. C., Glasziou, P. P., Boutron, I., Milne, R., Perera, R., Moher, D., Altman, D. G., Barbour, V., Macdonald, H., Johnston, M., Lamb, S. E., Dixon-Woods, M., McCulloch, P., Wyatt, J. C., Chan, A.-W., & Michie, S. (2014). Better reporting of interventions: Template for intervention description and replication (TIDieR) checklist and guide. *BMJ*, 348, g1687. <https://doi.org/10.1136/bmj.g1687>

Kuper, A., Lingard, L., & Levinson, W. (2008). Critically appraising qualitative research. *BMJ*, 337, a1035. <https://doi.org/10.1136/bmj.a1035>

Malterud, K. (2001). Qualitative research: Standards, challenges, and guidelines. *The Lancet*, 358, 483–488. <https://pubmed.ncbi.nlm.nih.gov/11513933/>

Malterud, K., Siersma, V. D., & Guassora, A. D. (2016). Sample Size in Qualitative Interview Studies: Guided by Information Power. *Qualitative Health Research*, 26(13), 1753–1760. <https://doi.org/10.1177/1049732315617444>

Mays, N., & Pope, C. (2000). Assessing quality in qualitative research. *British Medical Journal*, 320, 50–52. <https://doi.org/10.1111/j.1743-6109.2010.02151.x>

Mead, B. R., Christiansen, P., Davies, J. A. C., Falagán, N., Kourmpetli, S., Liu, L., Walsh, L., & Hardman, C. A. (2021). Is urban growing of fruit and vegetables associated with better diet quality and what mediates this relationship? Evidence from a cross-sectional survey. *Appetite*, 163, 105218. <https://doi.org/10.1016/j.appet.2021.105218>

Moher, D., Liberati, A., Tetzlaff, J., & Altman, D. G. (2009). Preferred reporting items for systematic reviews and meta-analyses: The PRISMA statement. *PLoS Medicine*, 6(7), e1000097. <https://doi.org/10.1371/journal.pmed.1000097>

Moriarty, J. (2011). Qualitative methods overview (SSCR methods reviews). National Institute for Health Research School for Social Care. http://eprints.lse.ac.uk/41199/1/SSCR_Methods_Review_1-1.pdf

Munafo, M. R., & Davey Smith, G. (2018). Repeating experiments is not enough. *Nature*, 553, 399–401. <https://media.nature.com/original/magazine-assets/d41586-018-01023-3/d41586-018-01023-3.pdf>

NIHR. (2019). How to disseminate your research.

<https://www.nihr.ac.uk/documents/how-to-disseminate-your-research/19951>

Nijhawan, L. P., Janodia, M. D., Muddukrishna, B. S., Bhat, K. M., Bairy, K. L., Udupa, N., & Musmade, P. B. (2013). Informed consent: Issues and challenges. *Journal of Advanced Pharmaceutical Technology & Research*, 4(3), 134–140.

<https://doi.org/10.4103/2231-4040.116779>

Nosek, B. A., Ebersole, C. R., Dehaven, A. C., & Mellor, D. T. (2018). The preregistration revolution. *Proceedings of the National Academy of Sciences of the United States of America*, 115(11), 2600–2606.

<https://doi.org/10.1073/pnas.1708274114>

Parkinson, S., Eatough, V., Holmes, J., Stapley, E., & Midgley, N. (2016). Framework analysis: A worked example of a study exploring young people's experiences of depression. *Qualitative Research in Psychology*, 13(2), 109–129.

<https://doi.org/10.1080/14780887.2015.1119228>

Reed, M. (2019, March 11). How to do stakeholder analysis. *Fast Track Impact*.

<https://www.fasttrackimpact.com/post/2019/03/11/how-to-do-stakeholder-analysis>

Rosenthal, M. (2016). Qualitative research methods: Why, when, and how to conduct interviews and focus groups in pharmacy research. *Currents in Pharmacy Teaching and Learning*, 8(4), 509–516. <https://doi.org/10.1016/j.cptl.2016.03.021>

Schaefer, G. O., & Wertheimer, A. (2010). The Right to Withdraw from Research. *Kennedy Institute of Ethics Journal*, 24. <https://philarchive.org/archive/SCHTRT-3>

Schulz, K. F., Altman, D. G., & Moher, D. (2010). CONSORT 2010 statement: Updated guidelines for reporting parallel group randomised trials. *BMJ (Clinical Research Ed.)*, 340(march), c332. <https://doi.org/10.1136/bmj.c332>

Schwarzer, R., & Luszczynska, A. (2008). How to overcome health-compromising behaviors: The health action process approach. *European Psychologist*, 13(2), 141–151. <https://doi.org/10.1027/1016-9040.13.2.141>

Spiegelhalter, D. J., & Riesch, H. (2011). Don't know, can't know: Embracing deeper uncertainties when analysing risks. *Philosophical Transactions of the Royal Society A: Mathematical, Physical and Engineering Sciences*, 369(1956), 4730–4750. <https://doi.org/10.1098/rsta.2011.0163>

Tong, A., Sainsbury, P., & Craig, J. (2007). Consolidated criteria for reporting qualitative research (COREQ): A 32-item checklist for interviews and focus groups.

International Journal of Qualitative in Health Care, 19(6), 349–357.

<https://doi.org/10.1093/intqhc/mzm042>

Tricco, A. C., Antony, J., Zarin, W., Striffler, L., Ghassemi, M., Ivory, J., Perrier, L., Hutton, B., Moher, D., & Straus, S. E. (2015). A scoping review of rapid review methods. *BMC Medicine*, 13, 224. <https://doi.org/10.1186/s12916-015-0465-6>

von Elm, E., Altman, D. G., Egger, M., Pocock, S. J., Gøtzsche, C., & Vandenberg, J. P. (2007). The Strengthening the Reporting of Observational Studies in Epidemiology (STROBE) Statement: Guidelines for reporting observational studies. *Lancet*, 370, 1453–1457.

<https://doi.org/10.2471/BLT.07.045120>

Wu, H., & Leung, S.-O. (2017). Can Likert Scales be Treated as Interval Scales?—A Simulation Study. *Journal of Social Service Research*, 43(4), 527–532.

<https://doi.org/10.1080/01488376.2017.1329775>

© Crown copyright 2023

This publication (not including logos) is licensed under the terms of the Open Government Licence v3.0 except where otherwise stated. Where we have identified any third party copyright information you will need to obtain permission from the copyright holders concerned.

For more information and to view this licence:

- visit [the National Archives website](#)
- email psi@nationalarchives.gov.uk
- write to: Information Policy Team, The National Archives, Kew, London, TW9 4DU

For enquiries about this publication, [contact the Food Standards Agency](#).

Project reference: FS301048



Follow us on Twitter: [@foodgov](#)



Find us on Facebook: [facebook.com/FoodStandardsAgency](https://www.facebook.com/FoodStandardsAgency)